



LOVE A GOLDEN RESCUE

Golden News



© Copyright 2006 by Love A Golden Rescue

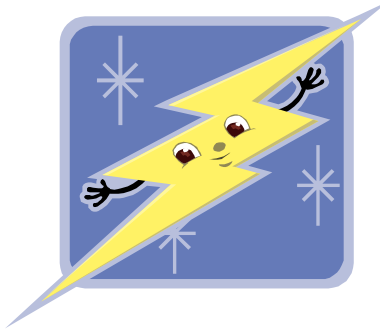
Also available "on-line" in FULL COLOR at www.loveagolden.com/Newsletter.htm

Autumn 2006

Volume 6 Issue 3

FEAR OF THUNDER AND LIGHTNING!

While a good "kraack" or "boom" may have been good while Batman was taking down the Joker, such startling sounds are no joke for your dog. Firecrackers, thunder and other loud, out-of-nowhere sounds often leave dogs frightened and wanting to flee to a safer place. These types of fears may develop even though your dog has had no traumatic experiences associated with the sound. The good news is that many fear-related problems can be successfully resolved. If left untreated, however, your dog's fearful behavior will probably get worse.



The most common behavior problems associated with fear of loud noises are destruction and escaping. When your dog becomes frightened, she tries to reduce her fear. She may try to escape to a place where the sounds of thunder or firecrackers are less intense. If she feels less afraid by leaving the yard or going into a certain room or area of the house, then the escape or destructive behavior is reinforced because it successfully lessens her fear. For some dogs, just the activity or physical exertion associated with one of these behaviors may be an outlet for their anxiety. Unfortunately, escape and/or destructive behavior can be a problem for you and could also result in physical injury to your dog.

Your dog may also begin to associate a particular startling noise with other things in her environment, and she may grow afraid of these other things because she associates them with the loud noise that frightens her. For example, dogs who are afraid of thunder may later become afraid of the wind, dark clouds, and flashes of light that often precede the sound of thunder.

What You Can Do to Help: Create a Safe Place: Try to create a safe place for your dog to go to when she hears the noises that frighten her. But remember, this must be a safe location from her perspective, not yours. Notice where she goes, or tries to go, when she's frightened, and if at all possible, give her access to that place. If she's trying to get under your bed, give her access to your bedroom. You can also create a "hidey hole" that is dark,

small, and shielded from the frightening sound as much as possible. Encourage her to go there when you're home and the thunder or other noise occurs. Consider using a fan or radio near the spot to help block out the sound. Feed her in that location and help your dog associate that spot with other "good things" happening to her there. She must be able to come and go from this location freely. Confining her in the "hidey hole" when she doesn't want to be there will only cause more problems. The "safe place" approach may work with some dogs, but not all. Some dogs are motivated to move and be active when frightened and "hiding out" won't help them feel less fearful.



Distract Your Dog:

This method works best when your dog is just beginning to get anxious. Encourage her to engage in any activity that captures her attention and distracts her from behaving fearfully. Immediately try to interest her in doing something that she really enjoys. Reward her with praise and treats for paying attention to

the game or the commands.

As the storm or other noise builds, you may not be able to keep her attention on the activity, but it might delay the start of the fearful behavior for longer and longer each time you do it. If you can't keep her attention and she begins acting fearfully, stop the process. If you continue, you may inadvertently reinforce her fearful behavior.

Behavior Modification: Behavior modification techniques are often successful in reducing fears and phobias. The appropriate techniques are called "counter-conditioning" and "desensitization." These techniques condition or teach your dog to respond in non-fearful ways to sounds and other stimuli that have previously frightened her.

FEAR OF THUNDER AND LIGHTNING CONTINUED...

Fear of Thunder: Many dogs are disturbed by thunderstorms; some have full-blown thunderstorm phobia. "Affected dogs relentlessly seek the attention of their owner or some safe place and puff and pant as they pace to and fro, sometimes losing control of their bladder or bowels in their anxiety..... In extreme cases, dogs have been known to tear through screens and hurl themselves out of windows," writes Dr. Nicholas Dodman in "The Dog Who Loved Too Much." Dogs who display no fear of storms as puppies may develop this fear later in life, and often, thunder-phobics exhibit other anxieties as well.

Dr. Dodman writes that phobia treatment usually involves careful reintroduction to the fear-inducing stimulus, also known as desensitization. (For example, using tape recordings of storm sounds.) However, many times dogs have a relapse. The respected Tufts University vet proposes another theory: that frightened dogs are being affected by a build-up of static charge, explaining why some dogs retreat to bathrooms -- to discharge the build-up. They're seeking out conductive surfaces such as sinks, pressing on the pipes in the bathroom.. A sink is typically supplied by metal pipes and therefore acts as an electrical grounding device. Says Dr. Dodman: If the cause of thunderstorm phobia is that dogs are receiving small static shocks during storms, it would explain why programs focused on desensitizing dogs to the sound of thunder meet with little success. He suggests that measures to prevent static electrical charge build-up may have preventive value and might benefit as part of a desensitization program. Anti-anxiety medication such as buspirone can help. An effective technique that PAW's Nancy Klein uses for her doggie Auggie, suggested by a certified specialist in the Bach Flower *Essences*: Add Rescue Remedy to the dogs' water on days when the weather report calls for thunderstorms, and to use Rock Rose specifically (for terror) when the storms are occurring. The drops can be placed on the tongue, or mixed with purified water and misted in the dog's face.

The following tips were condensed from an article by golden retriever owner Gwen Thee:

Crate Training: Crate-trained dogs may cope better during the storm if confined to their own safe place. An airline crate, or a wire crate that is covered, may work better than an open wire crate.

Calm Reassurance: Some dogs need to be reassured that there is nothing to fear. If the storm makes you nervous, your dog may be picking that up. However, be careful not to inadvertently reward the dog for a fear reaction. If you positively reinforce fear reactions with soothing sounds or stroking when the dog exhibits fear, the reactions will continue. By ignoring the storm and carrying on with a normal routine, you convey that the storm is no big deal. Another way to reassure the dog without reinforcing the fear reaction is to massage or brush your dog in long even strokes.

Positive Reinforcement :

If your dog has a favorite indoor game, or a special treat, try to absorb him in that during the storm. Practice this during storms, and hopefully the dog will eventually associate the storm with good things.

Noise Desensitization:

Exposing your dog to different loud noises, and always making sure something good happens, can help to reduce the dog's sensitivity to loud noises. You can play tapes of storms, starting at a low volume and working up to very high volume, and stroke, play with, and teach the dog to ignore the sound. (K-9 Consultants produced a tape with sound effects and instructions available at some pet supply outlets or by calling 800-952-6517.)

Severe Reactions:

These may require behavior modification (see a canine behavior specialist) and/or drug therapy involving such drugs as Tranxene and buspirone, or beta-blockers such as Propranolol and Inderol (administered only by a veterinarian).

Homeopathic Remedies:

Phosphorus HPUS 30C: Drop 3-5 pellets down back of dog's throat (without touching them yourself) every 15 minutes until you see improvement in the dog's behavior, then stop. Dosage may be repeated if necessary.

Aconitum Napellus 30C: Given in the same way Phosphorus is used.

For milder thunderstorm fears, the Bach Flower (Rescue Remedy or Nature's Rescue) is recommended. Place 4 drops on the dog's tongue or side of the mouth, or in the dog's water bowl. Dose may be repeated 4-5 times an hour. -----

For more Dog Tips about pet care, adoption and the work PAW does, visit our website at:

www.paw-rescue.org

Partnership for Animal Welfare, Inc.

P.O. Box 1074, Greenbelt, MD 20768

PRESIDENT'S MESSAGE

Hi,

Love A Golden Rescue is having a busy fall. We have taken in 60 dogs so far this year, many of which are seniors or special needs dogs. Our ability to help these dogs is due to our hard-working volunteers and our supporters and friends.

There are lots of fun events this fall so please check our calendar on our website and elsewhere in the newsletter for more info. We hope that you can join us.

If you've thought about volunteering, we hope that you will let us know. We'd love to have your help.

Thanks from the Golden Retrievers for your continuing support.

With Golden thoughts,
Kathy Hackmann

Golden Pennies

We have already collected our first 100,000 pennies to help our Golden Retrievers.



Help us collect our next 100,000 pennies

We have over 78,000 already toward our goal

To assist Our Golden Retrievers, who were strays, who have been rescued from shelters or whose families could no longer care for them.

Our rescue provides vet care and foster homes prior to their adoptions by loving homes.

Bring your pennies to the next Love A Golden Event!!!!

PIC ME! - - Golden Retrievers currently available for adoption.

All of our adoptable Golden Retrievers can be found on our web site at: <http://www.loveagolden.com/AvailableDogs.htm>

GAVIN



Gavin is a cutie. He is a small young adult male Golden with a beautiful rich red coat. Gavin loves to play with other dogs and is a favorite buddy of the other Golden Retrievers in his foster home. He came to us from a shelter so we don't know his history. He probably was an outside dog before and would so like someone to spend time with him and teach him the

joys of living in the house and having fun going places and doing things.

TRUMAN

Truman has come a long way since he came to rescue with skin problems and a coat which felt like cotton candy. His coat is now soft and he looks great. Truman loves to play and can be somewhat puppy-like in his behaviors. He likes to have something in his mouth. He probably didn't get a lot of attention before coming to rescue and now he would like to make up for lost time and be your special friend.



BLANCHE



Blanche is a very happy girl with a tail which wags a lot. Her coat was recently shaved so her body is the much lighter color of her undercoat but will be the same color as her head when her coat grows out a bit. She loves to meet new people and make friends. Blanche

came to us from a shelter where she was turned in after her prior owner passed away. She is reportedly 9 years old. She is perky and likes to do things. She likes to go for car rides and would love to hang out with you. She would like a fun home where she gets lots of love.

Shopping !!!!!

Consider doing your on-line shopping at one of the 569 shops hosted by www.I-give.com

LAGR is registered with I-Give and will receive a percentage of your sale.

Love a Golden Rescue Invites you to the 3rd Annual

Dog Days of October

"Featuring a Scavenger Hunt"

**Bring the whole family and your canine friends
For a whole day of fun activities:**

Costume ContestsJudging begins at 11 a.m.
(categories: best human, best dog, best human/dog pair)

Scavenger Hunt..... 12 p.m.— 1:30 p.m.
Winners Announced 3 p.m.— 3:30 p.m.

Photo Booth (for a donation) 11 a.m.— 12 p.m.

Pumpkin Decorating Contest 2:30 p.m.— 4 p.m.

Silent Auction Opens — 11:00 a.m.
Closes — 3:30 p.m.

Police Dog / Agility Demonstration..... 2 p.m.— 2:30 p.m.
(equipment will be available for you to run tests and trials with your dog)

**Space for participating in the Scavenger Hunt is limited, so please
pre-register today!**

Sunday October 22

**McDonnell Park
Lindbergh Pavilion
2961 Adie Road**

11 a.m. - 4 p.m.

**Food and drink are available and
Donations are welcome.**

**Dress up, play games and win
big prizes!**

**Visit the Love A Golden Shop and
Shure Pet Store booths for fun dog
items. Or treat your dog to a puppy
pedicure or nail trimming and even a
pretty polish.**



Ticket Prices:

Pre-Event: Individual tickets are \$ 10

Family tickets (2 adults + children) are \$ 20 + \$ 5 for additional adults

Event Day: Individual tickets are \$ 12.50

Family tickets (2 adults + children) are \$ 25 + \$ 5 for additional adults

All dogs are admitted FREE with proof of shots

"Love a Golden" Rescue is an all-volunteer group dedicated to the rescue of Golden Retrievers and providing education about responsible dog ownership. We find permanent homes for Golden Retrievers who have been abandoned, abused or surrendered by their owners.

Event will be held rain or shine. Food service will end at 3:30 PM Pre-registration is recommended for everyone.

Register below or on our website (with Paypal) <http://www.loveagolden.com/dogdays.htm>

Special thanks to our valued partners who have contributed their time and talents to make this event possible: Osborn and Barr Communications, Happy Tails, Amanda's Grooming and St. Ann Police Department.

Registration form: (Or pre-register on our website at: <http://www.loveagolden.com/dogdays.htm>)

Name _____ Phone _____ E-mail _____

Address _____

Family Tickets # _____ Additional Adult tickets # _____ Total Amount enclosed _____

Will you be participating in the scavenger hunt? ___ yes ___ no If, yes, name of team captain _____

Mail form and payment (cash, check, money order) to:

Love A Golden Rescue • P.O. Box 27621 • St. Louis, MO 63146-0621

HAPPY ENDINGS



**AUSTIN
RELAXES
BUT IS
READY
TO PLAY.**



**RIVER IS A
VERY
HAPPY
BOY
WHO LOVES
HIS TOYS.**

**SENIOR BOY
SEBASTIAN
ENJOYS
HELPING AT
THE FIRST
GRADE JUNIOR
ACHIEVEMENT
PROGRAM.**



**SISCO SEEMS
TO BE SMILING,
HE IS SO HAPPY
IN HIS NEW
HOME.**



**STOLI (WHOSE
RESCUE NAME WAS
JEREMY) ENJOYS
THE BEACH AT
HIS NEW HOME
AND MAKES
FRIENDS
WHEREVER
HE GOES.**

**ACE (WHOSE
RESCUE NAME
WAS JADE) IS
AS HAPPY AS
CAN BE IN HER
ADOPTIVE
HOME.**



**LUCY
(FORMERLY
BECKY -
LEFT) AND
MAX
(FORMERLY
ROCKY)
LOVE PLAY-
ING TUG-A-
WAR.**



**MAX AND
JULIET (BOTH
ADOPTED
GOLDENS)
CELEBRATE
JULIET'S
SECOND BIRTH-
DAY WITH
JULIET'S
HUMAN
SISTER, ADDY.**



LOVE A GOLDEN RESCUE - BENEFACTORS

Love A Golden Rescue would like to take this opportunity to thank all of our benefactors who, since the publication of our last newsletter, have given new "forever homes" to our homeless Golden Retrievers and who have generously helped our Golden Retrievers with their financial support, gifts in kind and donated services.

Adoptions

Susan & Dennis Doerge	Becky
Peggy & Brian Collins	Brewster & Miki
Beth Triplett	Cody
Name held on request	Copper
Ed & Debbi Schwarz	Delaney
Jan & Ray Knoche	Elsa
Name held on request	Finnegan
Don & Paula Ingerson	Frazier & Beauregard
Mark & Diane Talbott	Granger
Karen & Kevin Murphy	Hershey
Robert & Sue Wright	Hunter
Debbie & Michael VonGerichten	Iris
Lisa & Cordel Harris	Isabelle & Matilda
Leanne Jennings	Jeremy
Laurel & Steven Smith	Kady
Susan & Michael Kramer	Lexie
John & Tracy Kaddouri	Meadow Lark
Greg & Kathy Sump	Melody
Jan & Dave Disbrow	Ruth
David, Joy & Evan Paeth	Sarah
Melody Ridder	Savannah
Name held on request	Sherrie
Sara & Sam Hall	Sisco
Joe Stortz	Suzannah
Tom & Nancy Sparr	Tobi
Mary & Dale Paluskek Pirc	Willow
Anne McKeough & James Sarr	Wilson
Denise & Frank Carter	ZigZag

Donations

Cheryl Crays	
Cynthia Drone	
Dorothy Dilg	
Employee's of Xtra Lease	
Erin & Sam Pierce	
Jane & Jeff Taylor	
Jane Pillmann	
Joe Toohey	
Judy & Don Brooks	
Marcia Berry	
Russell Crowder	
Teresa & David Wilde	
Tonja Honeycott	
Kathy Dunlap	Mattie Fund
Kathy Rizzo	In memory of Shredder
Mary Paluskek Pirc	In memorial of Michelob
Roger Weismiller	In honor of Hodgie
Ron Edwards	In memory of Beth McDonald
Sarah & Dave Herbst	Mattie Fund

Grant & Corporate Donations

Citgo	Match Gift
Petco	
Xtra Corp Charitable Foundation	Match Gift

Foster Buddies

Angela Holt	Sarah	Mr & Mrs Gene Mense	Duke
Anonymous	Marly, Sheldon	Jim & Charlotte Allen	Kristy
Bruce & Tracy Renfro	Kristy	Jon & Barb Meline	Joker
Carson Fixmer	Granger	Julie Arnold	Granger
Celeste Filis	Becky	Sharon Dixon	Kristy
Cynthia Boisfeuillet	Dixie	Teresa Wilde	Central

The "Golden" Spoon Cookbook

Filled with great recipes for human and dogs.

\$ 14.00 per cookbook when buying 1-4

\$12.00 per cookbook when buying 5 or more (Prices include shipping)



To purchase contact:
sales@loveagolden.com



Coming Soon

2007 Love A Golden Calendar

Watch the website Sales Page

RECENT L.A.G.R. HAPPENINGS

ANNUAL REUNION PICNIC: On Saturday June 24, 2006, Love A Golden Rescue's adoptive families, volunteers and Golden Retrievers gathered in Maryland Heights's Vago Park for our Annual Reunion Picnic. The turnout was great and the weather beautiful. Festivities included a Rescue Parade, lots of games for the Golden Retrievers, a great silent auction, door prizes for all canines and of course, plenty of good eats.



FIRST ANNUAL TRIVIA NIGHT: Our first Trivia Night was held at the Knights of Columbus Hall in St. Charles, MO. The event was a great success. We sold out, filling 23 tables with about 180 contenders. The Silent Auction was also a fantastic success and everyone seemed to have a great evening. We would like to extend our thanks to our volunteers who worked so hard to make this evening such a great success; especially Jennifer who organized the auction and acquired most of our auction items and Tim, our Master of Ceremonies and question writer. We plan to make Trivia Night an annual event and hope to return to The Knights of Columbus Hall.



**LOVE A GOLDEN RESCUE
VOLUNTEERS WORK AT A
CONCESSION STAND AT THE
SAVIS CENTER TO RAISE
FUNDS TO HELP
OUR GOLDENS!**

UPCOMING EVENTS

10/01	10 AM—2 PM	Canine Carnival - Tilles Park	McKnight Rd.	St. Louis Co. MO
10/14	8:30 AM—4 PM	Purina Canine Carnival	Purina Farms	Gray Summit, MO
10/22	11 AM—4 PM	LAGR Dog Days of October	McDonnell Park	St. Ann, MO
11/23	Morning	Watch for LAGR and our dogs in the Thanksgiving Parade		
12/02	9 AM—4 PM	Pattonville Craft Fair	Creve Coeur Mill Rd.	Pattonville, MO

Adoption Days are held each month at the Petco store in Olivette (2nd Sunday) from Noon until 3:00 PM and at the Petco Store (Clarkson and Baxter Rds.) & at the Canine Center (9850 Manchester, Rock Hill, MO) both on the last Sunday of the month from Noon until 3:00 PM .

See LAGR calendar on the web site for details on all the above events:

<http://www.loveagolden.com/Calendar.htm>

Interested in volunteering with Love A Golden Rescue??

Then fill out a volunteer application form on-line at: <http://www.loveagolden.com/volunteerform.htm>
or send an e-mail to volunteer@loveagolden.com

ABOUT OUR NEWSLETTER.....

The Love A Golden Rescue newsletter is published four times each year, toward the end of February, May, August and November. Deadlines for submitting stories, photos, announcements etc. are the 10th of the month in which the newsletter is published.

The newsletter is published in full color in Adobe Acrobat (pdf) format on our web site and can be accessed at:
www.loveagolden.com/Newsletter.htm

To have the newsletter mailed to you please drop a note to one of our addresses listed below.

Love A Golden gives permission for this newsletter to be reproduced in whole or in part for personal use or for limited distribution to advance the cause of pet rescue. The use of any photos or text from this newsletter for any commercial purpose is strictly prohibited.

Love a Golden Rescue
P.O. Box 27621
St. Louis MO 63146-0621
www.loveagolden.com
Phone: (314) 963-5232

Newsletter Editor: Joseph Stortz
newsletter@loveagolden.com
Articles must be submitted by:
November 10, 2006
to be considered for our next newsletter.

LOVE A GOLDEN RESCUE
P.O. BOX 27621
ST. LOUIS MO 63146-0621



address correction requested